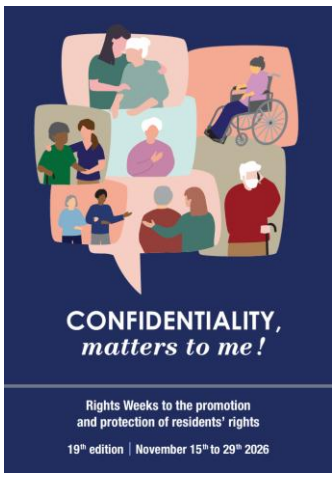
VigiSanté

Did you know...

CHSLD Vigi Mont-Royal

Yoo Anne Sarah Pouyez, Resident's counsellor - 514 739-5593 ext. 303 **November 2026**

2026 Residents' Rights Week - From November 15 to 29



To make this 19th annual event a success, Vigi Santé and the residents' committees of each of its centres have pooled their efforts to reflect on and promote residents' rights. This year, during Rights Week, the **RIGHT TO CONFIDENTIALITY** is highlighted.

In a world where information circulates quickly and the boundary between private life and public life is thinning, it is timely to examine the right to confidentiality and the protection of personal information.

Your Resident's Committee, in collaboration with your Resident's counsellor, has planned a special program of activities around this theme thoughout the week!

'*Protecting the confidentiality of a resident means ensuring they retain control over a part of their life that vulnerability has disrupted.' -Unknown*

The Safe Administration of Medications in Collaboration with Families: How Can You Contribute?



Medication preparation is an important task that requires concentration and vigilance on the part of nurses and licensed practical nurses to ensure that medications are prepared and administered safely.

To help prevent medication errors caused by distractions and interruptions, measures have been implemented in each care centre.

A communication board is available near each nursing station. You may write your name and contact information on the board (room number or telephone number). The nurse will review the messages and follow up as soon as possible.

Thank you for helping us ensure the safety of your loved ones and other residents by avoiding interruptions to nurses and licensed practical nurses during medication administration, except in the event of an emergency.

Mélanie Gagnon – Counsellor, Nursing Care

The Arrival of our 2026 Fall Menu!



It's a pleasure to inform you that the 2026 fall menu started on October 21, in all our centres.

With seasonal colours and tasty flavours, you will note that three new recipes are featured on the menue: lentel Bolognese linguine, pork and peach meatballs, and cheesecake mousse.

Remember that it's always possible to share your comments on the menu by completing the appreciation form abouth the quality of the meals.

We hope that this fall menu will meet the needs and taste of everyone. Feel free to share with us any suggestions. If you wish to make adjustments to the menu, the registered dietitian will be happy to contact you.

From the Food Service and the Clinical Nutrition departments, we wish you bon appetit!

2026 Leisure Week



The 2026 edition of the Leisure Week will take place from **November 8 to 14.**

The animation and leisure service of each of our facilities will celebrate Leisure Week with the contribution of the *Fédération québécoise du loisir en institution* by adding activities that go beyond the usual framework to their programming.

The leisure team invites you to consult the schedule to stay informe about the exciting upcoming activities.

Reserve a Festive Meal for Your Loved Ones on December 25 and January 1



In October, we introduced our *Special Family Holiday Meal* event, which will take place at your centre on December 13. Reservations are still open until November 5.

Each resident may also reserve u p to two meals for their loved ones to enjoy at the centre on Christmas Day and New Year's Day.

Reservations and payment for these two festive occasions must be confirmed by Friday, December 4, with the Administrative Agent at reception.